



PERSONAL INFORMATION

Surname _____ First name _____ DOB: / /
 Address _____
 Phone: Home _____ Work _____ Mobile _____
 Occupation _____ Status/Children _____ Referred by _____
 Sporting Activities _____
 Email _____ Health Fund _____

Do you have a Medicare Card? (please tick) Yes No
 For females: Is there any chance that you could be pregnant? (please tick) Yes No

MEDICAL HISTORY

Doctor _____ Chiropractor _____
 Fracture/Dislocation _____
 Hospitalisation _____ Operations _____
 Medications/Supplements _____ Family History _____

PLEASE TICK ALL PRESENTING SYMPTOMS:

Chiropractic has been found to help in a number of these conditions by removing vertebral subluxations.

Head

- Headache
- Sinus (allergy)
- Back of head pain
- Forehead pain
- Temple pain
- Migraine
- Light-headedness
- Fainting
- Blurred vision
- Double Vision
- Loss of taste
- Loss of Balance
- Dizziness
- Ringing in ears
- Loss of hearing
- Pain in ears

Neck

- Pain in the neck
- Neck pain with movement
- Muscle spasms in the neck
- Grinding/popping sounds in the neck

Shoulders

- Pain in the shoulder R/L
- Pain across the shoulders
- Arthritis R/L
- Can't raise arm
 - o Above shoulder
 - o Overhead
- Tension in the shoulders

Arms and Hands

- Pain in upper arm
- Pain in elbow
- Movement aggravated
- Tennis elbow
- Pain in forearm
- Pain in hands
- Pain in fingers
- Pins & needles in arms
- Pins & needles in fingers
- Numbness n arms/fingers
- Hands cold
- Swollen joints in fingers
- Sore joints in fingers
- Arthritis in fingers
- Loss of grip strength

Mid-back

- Mid-back pain
- Pain between the shoulder blades
- Pain in the kidney area

Chest

- Chest pain
- Shortness of breath
- Asthma
- Breast pain
- Dimple or orange-peel breast

- Irregular heart beat
- Indigestion/heart burn

Abdomen

- Nervous stomach
- Foods can't eat _____
- Nausea
- Wind
- Constipation
- Diarrhoea
- Haemorrhoids

Low-back

- Low-back pain
- Sacroiliac pain
- Muscle spasms arthritis

Hips, legs and feet

- Pain in buttock R/L
- Pain in hip joint R/L
- Pain down leg R/L
- Pain down both legs
- Knee pain
 - o Inside
 - o Outside
- Leg cramps
- Cramps in feet
- Pins and needles in legs R/L
- Numbness in legs R/L
- Numbness in feet R/L
- Cold feet
- Swollen ankles

Women only

- Menstrual pain
- Cramping
- Irregularity
- Cycle ____ days
- Hysterectomy
- Genital cancer
- Discharge
- Tumours
- Menopausal
- Post-menopausal

Men only

- Urinary frequency
- Difficulty in starting
- Night urination
- Prostate symptoms

General

- Nervous/irritable
- Depressed
- Fatigue
- Generally fee run-down
- Normal sleep __hrs
- Loss of sleep __hrs
- Loss of weight
- Weight gain
- Coffee/tea ____ cups/day
- Cigarettes ____ p/day
- Diabetes
- Allergies
- Other _____
- Sleeping position _____

Further Chiropractic and Medical History

Previous spinal conditions

Accidents or falls

Recreational or sporting injuries

Motor vehicle accidents

Other relevant information
